



NCSBN

Leading Regulatory Excellence

SUD Monitoring Programs Pilot Study

Richard A. Smiley

Senior Statistician, Nursing Regulation, NCSBN

August 21, 2024

Pilot Study – Specific Aims

- To compare baseline program completion rates between established SUD monitoring programs and programs that adopt NCSBN's evidence-based guidelines.
- To track study participants through re-entry to practice after successful SUD program completion.
- To compare program attrition rates between established SUD monitoring programs and programs that adopt NCSBN's evidence-based guidelines.



Procedures – Study Sample

- Nurses enrolled in SUD monitoring programs that agree to implement the NCSBN guidelines and data collection procedures comprise the sample.
- Enrollment began on September 1, 2022. Nurses who enrolled in a participating SUD program within one year of this enrollment start date are participating in the study.
- 11 Jurisdictions are participating in the study.

Procedures – NCSBN Guidelines

Program length

- 3 years without a relapse is sufficient length

Frequency of check-ins

- Daily
- Including holidays & weekends

Frequency of drug testing

- At least 2 tests/month
- Random in time and type of test

Structured support group

- At least 2 meetings/month

Mutual Support Group

- At least 1 meeting/week

Procedures - Timeline

- Phase I, a replication of the 2020 SUD Monitoring Program analysis, consists of nurses starting in a participating SUD monitoring program between September 1, 2022, and August 31, 2023.
- These nurses are being followed through program completion (approximately 3 years).
- In Phase II, nurses will be tracked for re-entry to practice through the year 2027 (approximately 2 years).

Procedures – Data Collection Schedule

- Participant Characteristics Data -- Fall 2023 (after entire cohort identified)
- Contract Data -- Fall 2023 (after entire cohort identified)
- Process Data (relapse data, drug test data, check-in data, ...) – Every Six Months
- End of Program Data – Fall 2027

Questions?

Contact Info

Richard A. Smiley

Senior Statistician

National Council of State Boards of Nursing

111 E. Wacker Drive, Suite 2900

Chicago, IL 60601-4277

Email: rsmiley@ncsbn.org